



## **INSTRUCTIONS FOLLOWING INTRAVITREAL INJECTIONS**

### **What is required after the procedure?**

The eye is not usually painful and does not need to be covered. It may be a little bit gritty.

The vision is not expected to improve until at least 1 month following the procedure, so not be disappointed if there appears to be no change in your vision at first. If steroid is injected (Triamcinolone) the vision may be worse due to the opaque nature of the drug

Chloramphenicol drops are required 4 times per day for 4 days.

You should not rub the eye. You may take a shower and wash your hair normally, but try to avoid getting water in your eyes.

Any discharge on the eyelids can be cleaned gently with some cotton-wool moistened with warm water.

You may drive as soon as you can read the standard UK car number plate at 60 feet with both eyes open (the UK legal requirement).

If the vision deteriorates significantly or the eye becomes acutely painful then please contact the Practice on 07764-232481 or the Western Eye Hospital Casualty Department on 020-331-23247

### **What follow-up is required?**

Usually a post-operative appointment is arranged for about 4 weeks after the last injection, with an OCT and/or fluorescein angiogram as necessary.